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8  
9 **BEFORE THE**  
**BOARD OF REGISTERED NURSING**  
10 **DEPARTMENT OF CONSUMER AFFAIRS**  
11 **STATE OF CALIFORNIA**

12 In the Matter of the Accusation Against:

Case No. 2009-311

13 KARIMI HELEN MBAE  
5141 Bassett Way  
14 Sacramento, CA 95823

**ACCUSATION**

15 Registered Nurse License No. 592118

16 Respondent.

17  
18 Complainant alleges:

19 **PARTIES**

20 1. Ruth Ann Terry, M.P.H., R.N. ("Complainant") brings this Accusation  
21 solely in her official capacity as the Executive Officer of the Board of Registered Nursing  
22 ("Board"), Department of Consumer Affairs.

23 2. On or about December 11, 2001, the Board issued Registered Nurse  
24 License Number 592118 to Karimi Helen Mbae ("Respondent"). Respondent's registered nurse  
25 license was in full force and effect at all times relevant to the charges brought herein and will  
26 expire on February 28, 2011, unless renewed.

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## COST RECOVERY

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1 violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation  
2 and enforcement of the case.

3 **FIRST CAUSE FOR DISCIPLINE**

4 **(Gross Negligence)**

5 9. Respondent is subject to disciplinary action pursuant to Code section  
6 2761, subdivision (a)(1), on the grounds of unprofessional conduct, in that on or about October  
7 15, 2006, while on duty as the medication nurse in the C-Unit (adult psychiatric care unit) of  
8 Sierra Vista Hospital, Sacramento, California, Respondent was guilty of gross negligence in her  
9 care of patient J. E. within the meaning of Regulation 1442, as follows:

10 a. Respondent erroneously transcribed a written physician's order for  
11 Depakote 500 mg onto the patient's Medication Administration Record as Wellbutrin 500 mg.

12 b. Respondent failed to follow the hospital's safe medication administration  
13 practices by failing to obtain the Wellbutrin for the patient from the Night Locker.<sup>1</sup>

14 c. Respondent falsified the patient's records by charting on the patient's  
15 Medication Administration Record that she administered Wellbutrin 500 mg to the patient when,  
16 in fact, she gave the patient Wellbutrin 300 mg.

17 **SECOND CAUSE FOR DISCIPLINE**

18 **(Incompetence)**

19 10. Respondent is subject to disciplinary action pursuant to Code section  
20 2761, subdivision (a)(1), on the grounds of unprofessional conduct, in that on or about October  
21 15, 2006, while on duty as the medication nurse in the C-Unit of Sierra Vista Hospital,  
22 Sacramento, California, Respondent was guilty of incompetence in her care of patient J. E.  
23 within the meaning of Regulation 1443, as follows: Respondent administered Wellbutrin to the  
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25 \_\_\_\_\_  
26 1. The Night Locker Policy stated that after hours and on weekends when a pharmacist was not on  
27 site, all medications were to be obtained from the night locker after checking the Medication  
28 Administration Record against the original physician's order. Medication removed from the night  
locker requires a second licensed personnel's signature. Respondent reported that she took the  
Wellbutrin from another patient rather than from the night locker.

1 patient without a clear understanding of the therapeutic indications, effects, and expected onset of  
2 action of the medication.

3 **THIRD CAUSE FOR DISCIPLINE**

4 **(Unprofessional Conduct)**

5 11. Respondent is subject to disciplinary action pursuant to Code section  
6 2761, subdivision (a), in that on or about October 156, 2006, while on duty as the medication  
7 nurse in the C-Unite of Sierra Vista Hospital, Sacramento, California, Respondent committed  
8 acts constituting unprofessional conduct in her care of patient J.E., as set forth in paragraphs 9  
9 and 10 above.

10 **PRAYER**

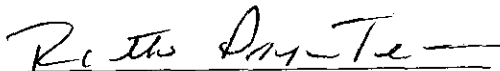
11 WHEREFORE, Complainant requests that a hearing be held on the matters herein  
12 alleged, and that following the hearing, the Board of Registered Nursing issue a decision:

13 1. Revoking or suspending Registered Nurse License Number 592118, issued  
14 to Karimi Helen Mbae;

15 2. Ordering Karimi Helen Mbae to pay the Board of Registered Nursing the  
16 reasonable costs of the investigation and enforcement of this case, pursuant to Business and  
17 Professions Code section 125.3;

18 3. Taking such other and further action as deemed necessary and proper.  
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20 DATED: 6/5/09

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22   
23 RUTH ANN TERRY, M.P.H., R.N.  
24 Executive Officer  
25 Board of Registered Nursing  
26 Department of Consumer Affairs  
27 State of California

28 Complainant